



From Lenny Sanchez - (Online printable version available at Mp3Truth.com)

THE SHUTDOWN IS BASED ON A LIE THAT THE CORONAVIRUSE IS CONTAGIOUS - READ

Jeff G.- THE TRUE NATURE OF VIRUSES (Transcript of this [YouTube Video](#))

The idea that viruses are invading agents that cause disease was created by Luis Pasteur in the 1800's. His theory known as the germ theory of disease is the catalyst for all theories that exist in the medical profession. Germ theory is responsible for the use of pasteurization, vaccines and medical treatments.

At the same time Luis Pasteur was developing his germ theory there was another fritz scientist by the name of Antoine Bechamp. Bechamp came up with his own theory of disease and documented and proved it in his book the [Third Element of Blood](#). His theory was radically different. It was called the Terrain Theory.

The Terrain Theory proposes that all living microorganisms and viruses originate within the body not from without. He discovered the processes of fermentation and he observed that bacteria and viruses are pliomorphic mutating based upon the terrain which they reside.

This is the exact opposite of what Luis Pasteur proposed which states that viruses occur in nature by themselves and create disease. This is as I will explain is impossible. Viruses originate only in the presence of a living cell however science also says viruses can occur in nature.

So which is it? Viruses must have a cell in order to replicate - science has admitted this however they are manipulating the people into believing only partial truths. The truth is that viruses are created in their whole form within the cell. They do not come from outside the body, they come from within the body. Viruses occur within the body as a result of systemic toxicity - not because the body has been invaded by an external threat.

This is the big lie the medical profession relies upon to justify the use of vaccines and dangerous medications. Without the false germ theory to rely upon and the contagious myth that is so brainwashed into people - the medical profession would have nothing to stand on and would topple like a house of cards.

So what are viruses and what are their main purpose in the human body and in the body of animals? Viruses dissolve toxic matter when tissue is too toxic for living microbes to feed upon without being poisoned to death. Without viruses the human body would not be able to sustain itself in the face of systemic toxicity since viruses are not alive they do not know how to infect a cell on their own.

They do not have a nucleus, they do not have respiration or a digestive tract, they are not alive. Therefore viruses must have an assisting and guiding agent to accommodate their behavior. These are called antibodies - importantly it must be understood that viruses do not infect cells to invade the cell and replicate.

Science would have you believe that viruses replicated in nature by themselves but we know that viruses cannot

replicate unless in the presence of a living cell. Therefore how can a virus replicate itself when a virus is not alive and does not procreate?

Science has claimed that a virus has discriminatory actions - this means the virus is suppose to be invading all cells in the body equally, but this is not the behavior that we observe. The reality is viruses are very specific and the specifically dissolve specific tissues in the body.

They do this with the assistance and guidance of antibodies. The virus contains the RNA and DNA necessary to dissolve specific tissues and it acquires this from the energy of the cell. The cell has DNA. DNA is an energy form. Our bodies are not computers. We do not code. That is another mischaracterization of the human body. Energy exists in all cells and agents in the body. Cells will create the virus, therefore the cell will impart its own energy to the virus which allows the virus, with the help of antibodies, to specifically dissolve tissue, waste and debris.

Viruses float in free suspension after they have left the cell. This is the nature of zeta potential. This is the law of the Universe - it keeps objects in free suspension, repelling or attracting themselves away from each other. This is an electrical energy charge known as static electricity.

If viruses were not discriminatory and specific agents created by cells we would observe everyone who gets infected with viruses all have the same level of sicknesses but this is not what happens. This is a direct contradiction of virology itself because if viruses are contagious agents that come from outside the body the virus would not care what level of health the immune system of the body that person had.

Now science would have you believe that viruses contain all the necessary tools to infect each region, tissue and organ in the body. In the human body we have many viruses. If I drink alcohol to excess for long periods of time I may develop hepatitis. According to science I would have had to of caught hepatitis if we are to go by the logic of virology.

Why would the body create hepatitis virus in the liver? Because the cells and the liver are attempting to cleanse the liver and themselves of toxicity, to restore and reverse a toxic liver condition. Now it has been shown that there are over 320,000 virus variants inherent to earth and nature - thousands of those exist within the human body and they exist in the form of a blueprint.

The blueprint exist in gnome. Now the gnome will direct the cells of the body what type of protein to manufacture. For example - if you have a damaged liver its going to call upon the hepatitis blueprint and there are three types of hepatitis virus. The cells in the liver will therefore manufacture what they deem necessary. Depending upon the liver toxicity you may need hepatitis A, you may need hepatitis B or C. It depends upon the level of toxicity. Each virus is more or less the same in this regard - they all cleanse the liver and dissolve degenerated tissue.

The level of symptoms that you will experience depends upon the level of toxicity. When you have a high amount of toxicity it will require you to have more virile activity thus the breakdown of viruses means you are going to experience a higher level of symptoms, you're going to feel more sick.

Now the reason that people experience symptoms with viruses and bacteria is that when these break down the degenerated tissue and waste - the body must eliminate what they break down. So how does the body do that? The body will eliminate 90% of toxins through the skin and the rest through the bowels, the mouth and the mucous membranes. This means coughing, sneezing, the skin, we have all manner skin rashes and eruptions. White blood cells assist this behavior. Lets look at acne for an example. You have a pimple - it is white or black depending upon the toxin involved.

If it is white it uses white blood cells, if it is black it using red blood cells which usually is an indication of too much iron - and it is a specific type of iron - the type from supplements which the body cannot utilize. White blood cells assist the action of expelling toxins which are crystalline in nature like a shard of glass that ruptures out through the skin. Now the white blood cell helps neutralize this behavior - it tries to help push it out of the body.

This is the behavior of all infection. It is always the body trying to expel toxins or foreign debris from inside the body. Viral infection is necessary in order so that the body may reverse its toxic condition but in people that have a suppressed immune system their body cannot deal rationally with large amounts of virus breaking down toxic waste products and therefore they may become sick and die but this is rare.

More likely 99 percent of the people who have viral activity will overcome it. That is the function of the body. The body

knows very well what to do, its smart and has innate abilities. We should nurture and learn to love the body. When someone dies due to virile or bacteria infection it is almost always because of medical treatment. The medical industry seeks an enemy so it can justify the use of dangerous medical procedures and treatments.

Erecting a wall between you and your body will result in the fear of your body and those around you - that is the primary purpose of the contagious myth. Brainwashing people into believing that they may catch a disease from someone around them allows the medical profession to keep people in fear.

When people are in fear they are easily controlled and manipulated. The people ask for a solution and they provide it to them not knowing that they have now enslaved themselves to their very own mind and body. When the mind becomes internally focused on its own problems the focus is no longer on the surroundings of that person but is focused internally on his own problems. When the body is unhealthy this focus will magnify greatly. When a population is too concerned with their own ailments they will have no concern for the exterior problems. Those in power take the opportunity to exploit this nature of man, slowly taking the rights away from the individual.

They know how the human mind works and they exploit it to their favor. Viruses and bacteria are cyclical to the body. The body is on a cycle. Viruses are on a cycle. Just like the weather is on a cycle so too is the body. When toxic accumulations reach its highest point in the body the bursting tide can no longer be held back. This may occur due to seasonal changes, climate changes and temperature changes, stresses, strains and worries. The changes in the seasons signal the body to dump large amounts of toxin accumulations into the blood.

When toxins enter the blood system bacteria must proliferate in order to break down and eliminate the toxicity now in the blood, however if the microbes become poisoned to death due to the toxic nature of what is in the blood and what has accumulated in the body, the cells will create and manufacture viruses which are non-living protein solvents.

They are protein structures. Viruses come in and break down the matter. They eliminate it so the body can restore homeostasis. Without viruses the body would have no recourse to cleanse itself and would die of toxicity. The nature of viruses must be understood. Viruses are not alive. Viruses are not contagious and I will explain why. Viruses cannot be transmitted between people. Viruses originating outside the host cell cannot infect another host. The virus will not have the necessary RNA or DNA to infect other cells.

Cells will not be infected by foreign debris and that is exactly how a foreign virus is treated by the body because the body cannot recognize the virus since it does not have the key or time to its activity as a result the virus is treated as foreign debris. When you inject animal body tissue the body does not recognize it because it did not originate from the cells of your own body likewise if a virus is transmitted through the air somehow the virus will not be recognized in this way either.

We also have the function of the mucous membrane. When mucous is observed under a microscope it exhibits a weave pattern. This weave pattern helps filter out foreign debris. If I was somehow able to manufacture viruses in a lab, in the trillions, enough to be able to spray it on a large population this would still not spark the virus which I intended to create in the victim.

However if you are breathing this mist in it is a foreign contamination which the body must break down. In those cases if it is toxic enough the body will manufacture a respiratory virus. This is in order to break down the toxicity and eliminate it. If we look to China as an example we can see that the air pollution there is so toxic that people have to wear masks in order to protect themselves. You can imagine after breathing this in for an extended period of time you are going to develop a respiratory illness. It just so happens that coronavirus is a respiratory virus.

Coronaviruses have been around forever. If you have ever had a cold its likely that you have had a coronavirus at one point or another in your life. Coronaviruses are not new however the media has hyped it up and tried to convince the sheeple that it is new and dangerous. If we look to Italy as an example we can see that Italy has one of the highest pollution rates in all of Europe therefore you have a population there that is going to detoxify their bodies and they're going to do this all at the same times. As I explained viruses are cyclical because the body is cyclical.

Toxic accumulations take time to build up and they build up in the majority of the population at the same time therefore the majority of the population will release their toxic accumulations around the same times as well. This behavior is what I call the illusion of viral activity.

This can be exploited by those in power because the person observing this believes incorrectly and out of ignorance that

it is contagious but this is simply not the case. The study of viruses is flawed by nature. In order for them to be observed in laboratories, viruses must be catheterized and taken and dried. This is called irradiation. This also takes the moisture content out of the virus. This is an attenuation process that kills the virus however, as stated, a virus is not alive. Usually it is animal viral protein that are used to conduct these observations.

Viruses are observed in petri dish environments that are sterilized. Toxic serums are used to keep the cellular activity alive but not healthy. Cells in such an environment due not have at their disposal the full range of microbial cleansing agents as it would appear in the human body therefore scientist will always observe the prominence of viral activity because cells must use viruses to cleanse themselves in such a toxic environment.

They do not have bacteria or parasites which they can call upon to consume and eliminate this toxicity. Therefore scientist observe that viruses dissolve their own cellular activity but this is an illusion. In order to observe viruses, viruses must be stained which causes inaccurate observations of the virus since the virus is not acting in a natural way as it would in the human body. Science knows this but continues the fraud and deception anyway. Viruses are so small that they are the size of 0.1 microns. This requires incredibly powerful microscopes to see. Optical microscopes must require the staining process of viruses in order to show up on the microscope.

So what does the virus behave like in the human body? The only way we will know that is if we view them in the living tissue and we have just that because Royal Rife invented his own microscope that could view living tissue in images up to 30,000 times their size.

He was able to view microorganisms in their living state within the tissue. Rife observed that viruses and bacteria only occur due to imbalances within the bodily system. In short he concluded that viruses and bacteria are pleomorphic thereby confirming the finding of Antoine Bechamp in the 1800's.

Rife states in his findings "in reality it is not the bacteria themselves that produce the disease, but we believe it is the chemical constituents of these microorganisms acting upon the unbalanced cell metabolism of the human body that in actuality produces the disease.

We also believe if the metabolism of the human body is perfectly balanced or poised it is susceptible to no disease". What anybody will discover when the search the record is that Royal Rife invented a microscope in the early 1930's that was called the 'universal microscope' and its unique quality was that it was able to view viruses in their living state - able to view microbes as small as viruses in their living state.

Today, and even then we had the electron microscope which can see viruses but in a snapshot approach - they're dead - they have to irradiate them with electrons which is the method of operation. It kills them and therefore you're not seeing the life process and with optical microscopes stains are used to bring out features and the stains themselves are toxic and once again you have dead samples that you're viewing.

Rife saw this limitation in microbiology and microscopy and decided to address it, so his answer was to invent a microscope which used light to stain the sample thereby not killing it and he was able to, using this method, obtain extreme magnification, extreme resolution, and he was able to view his samples in a living state so he can see viruses moving around going through their processes. His ability to see viruses in a living state which was his key innovation. And all of his other inventions - and there were many - all related to this, sort of bounced off the principles the microscope operated on.

Viruses cannot cross species for a number of reasons. For one RNA and DNA of the animal is not compatible with human RNA or DNA. According to science, they claim that animal viruses can be transmitted to humans but the human body does not manufacture and replicate animal cells and tissue. We are humans and when we eat animal flesh it is converted in the stomach to human tissue which we use for our own needs - to build muscle for example.

The only way to get animal viral tissue into a human body is through injection. Only then can animal tissue be observed in the blood therefore the supposition that AIDS came from a monkey or that coronavirus came from a bat or that ebola was caused by a bat - this cannot occur in nature.

Now ask yourself - 'why is it that only in the past 40 years have these viruses occurred in nature?' - 'why didn't they occur a thousand years ago?' - 'why didn't they occur two hundred years ago?' These viruses would have occurred in nature long before now if what's science is saying is true.

It is impossible for animals to transmit viruses to humans and it is impossible for them to transmit between themselves. It is also impossible for humans to transmit viruses between themselves. The body does not recognize external viruses. Viruses have to be created by a cell in your own body and contain the necessary RNA or DNA given by your cell.

There is no such thing as a majority virile strain. Everybody is going to have a different strain because the body creates the strain for its own usage. Quoting from '[The Poisoned Needle](#)' by Eleanor McBean 1956 Nutritionist and Medical Doctor "during one of our most widespread polio epidemics in 1949 contraction of polio by definite contact with other victims of the disease was not established in an elaborate study made by the New York State Health Department".

The United States Public Health Service in its studies also found the same negative answer during succeeding outbreaks of polio. In short they learned that the disease was not contagious. Time magazine commented on this unexpected revelation of these surveys by remarking 'when and where people catch polio remains a mystery'. The supposition that viruses entered through the mouth and nose led the experimenters to make exhaustive test on both animals and human beings - mostly prisoners and orphans in institutions. They were exposed by close association to polio patients. Their throats and nasal passages were frequently swabbed with matter from the patients that were supposed to contain viruses. No polio was produced in this way and about the only noticeable after effects was that the subjects of the experiments lost their sense of taste and smell due to the damaging effects of the poison in the serum that was used on the swabs".

Viruses only function within a human host or in petri dish environments where they can be kept in flux. Outside of the body they become dry and lose their moisture. While they exist on surfaces, like bacteria exist on surfaces, this - as stated - is not a danger. While sanitizers will "kill the virus" so too will the mechanisms in the body filter out particles from the environment.

The nose hairs, and the nose and mucous membranes, and the saliva in the mouth will neutralize viruses upon entry to the body. If they pass these mechanisms and defenses the body has white blood cells that will neutralize them upon contact. Even if a virus entered the body, and bypassed all of its defenses, the virus is still not compatible with the body it enters.

The virus must contain the specific RNA or DNA in order to be compatible with the body it enters. Also, blood to blood contact is not a vector of transmission of viruses. We bleed outwardly - we do not bleed inwardly. When we bleed, we bleed out the body. This keeps the blood pure and keeps foreign contamination from entering back up into the body.

This is one reason why AIDS and other viruses are not contagious. The only vector of transmission of viruses outside of vaccination is through blood transfusion of an infected patient. But it is not the virus that is causing the problem, per se, it is the combination of foreign animal tissues that have been created in a lab as is the case with AIDS.

Such viruses have been spliced together - this can elicit certain behaviors from the innate immune system. This is the primary reason why vaccines take so long to create. They are trying to provoke just the right amount of immune irritation without killing the injectee. They coax the results they want by splicing animal tissues together and including them with adjuvants and serums and toxic preservatives. Coronavirus is a type of severe acute respiratory syndrome. It falls in the SARS family and has flu-like symptoms. Both SARS and coronavirus is caused by man-made environmental toxicity. Chemically toxic substances from the air are breathed into the lungs and respiratory system wherein they cannot be consumed and eliminated by living microbes.

Specific non-living viruses are then manufactured by cells in the lungs to disassemble and break down these substances. Mild flu-like symptoms usually result. The symptoms associated with their removal are what occurs during SARS. Such air-borne toxic substances are caused by burning plastics, formaldehyde and factory-tainted air which encompasses a wide array of very toxic by-products.

Older individuals with already weakened immune systems are prone to more advanced respiratory virus detoxification and account for most deaths. This illness may crop up in millions due to dense populations like in China who are breathing in such air on a daily basis. This does not mean it is contagious.

It is not. More than 99 percent of Italy's coronavirus fatalities were people who suffered from previous medical conditions according to a study by the country's National Health Authority. More than 75 percent had high blood pressure, 35 percent had diabetes, one-third suffered from heart disease.

Symptoms may be higher in one individual because they require more viral activity to occur to cleanse toxicity. The

body has the make-up and manufacturing blueprints already in the gnome and inside the cell to produce 320,000 different viral variants. The gnome directs each cell what type of protein to manufacture.

This includes viral protein structures known as viruses - therefore even small amounts of viral proteins can be found in times of non-cleansing if tissue is magnified like the PCR test does. Viral proteins must be converted by cells into whole viral structures and then encoded to specifically dissolve specific tissues in and around cells.

This is why we do not observe viruses attacking all cells in the body. They are very specific solvents that are discriminatory not non-discriminatory as science has stated. Coronaviruses are in-fact real viruses. It is merely a type of cold virus. Not only can they mask the cases by claiming it is COVID-19 - it could be any COVID strain and be able to be claimed as COVID-19 because there is literally no difference between COVID-19 and other COVID strains.

And naturally the test will not see the difference because there is not a big enough difference to note. Furthermore the PCR test is observing genetic material left over from the virus. This means if you have ever had a cold in your life and you have happened to have a coronavirus - it is very likely you will be labeled as a positive case even though you are not experiencing any symptoms. There is always some level of viral activity in small amounts working in the body. It is only when large amounts of viral activity are called upon and working that you experience symptoms. When viruses break down large amounts of toxic matter - that matter must be expelled by the body somehow. It must come out of the body.

It uses mucus, coughing, sweating, skin excretions and bowels to remove them from the body. If it is a respiratory virus there will be respiratory symptoms to expel toxins from the lungs. Viruses are created in the following way: When toxicity has reached a point wherein it can no longer be held back by the body, mass amounts of toxins will be dumped into the blood system.

In order for the body to get rid of these toxic accumulations, now in the blood, bacteria come in to feed upon this matter as the first primary method of removal. The processes of phagocytosis play a role as well. Parasites and fungus are also involved in small amounts depending upon the toxic nature of the substances however if the tissues are so toxic and the substance is so toxic in the body living microbes will be poisoned to death when they attempt to consume this matter.

Therefore the body must utilize another cleansing method to get rid of this toxicity. The body has viruses to accommodate this situation. In such circumstances cells come together as a whole unit conspiring to cleanse themselves and their surroundings of toxicity to restore cellular tissues and fluids. This allows new cellular activity to thrive.

In order for a cell to manufacture a virus it does so in the following ways: FIRST the cell will call upon the viral protein already existing in the cell - the gnome plays a part and the cell will call upon the blueprint of whatever virus is needed and determined by the cell to cleanse itself and its surroundings.

The viral protein is called into the nucleus wherein the virus is structured into its whole form. Before all that existed was viral protein in particles now the whole structured of the virus has been manufactured and the assembled in the nucleus. It leaves the nucleus where it is housed within the cell.

The virus will obtain its RNA or DNA by the cell. Since the cell contains DNA that means the virus, being manufactured by the cell, will also impart its DNA to the virus. This process allows the virus, with the help of antibodies which are a type of white blood cell, to dissolve specific tissues. Replication continues in this way until the cell can no longer hold the viruses in itself.

At this point the virus [sic] wall will rupture on one side allowing the viruses to escape and enter the rest of the body. The cell, while ruptured, is not destroyed in the process. The cell can easily heal this small rupture. This set of viruses will continue for seventy-two hours. After seventy-two hours the cell will manufacture a new set of viruses with different cleansing mechanisms after the first set has been exhausted by the body.

The second set will be a little bit different from the first set but both sets are the same type of strain. The second set will cleanse what the first set did not.

ADDED NOTES FROM: [The Viral Misconception part4 21min mp3](#) by Alana Fournet and Jeff_G

The body is a miraculous work of art and it can heal itself without the need for medical intervention but we have been taught all of our lives that our body is incapable of healing itself on its own and so we go to the medical profession for

treatment.

Virus occurs on its whole form within the cell. It has one purpose - to dissolve and it's guided and directed by antibodies which brings debris and the waste to the virus. Antibodies partner with a virus with the sole purpose of dissolving specific toxicity needing to be eliminated from the body.

Instead of using antibody testing to indicate the presence a virus that needs to be destroyed we would understand that antibodies are indicators the body has a specific toxicity that needs to be addressed.

Instead of focusing on killing a virus we'd be focusing on how we can support the body to better eliminate toxicity. The first thing anyone should do if they are trying to become healthy or reverse bad health is to start questioning the medical profession, vaccines, (and) medical treatments that are dangerous and toxic.

It's (a virus is) a protein solvent created by the cells when specific detoxification is needed to cleanse our terrain. A virus isn't actually transmitted from one being to another because it's created within the cell and so everyone has their own virus created by their own DNA and RNA.

ADDED NOTES FROM: [Interview with Jeff Mp3](#) by Alana Fournet ([text](#))

Test cannot determine the amount of viral replication occurring in the body. The PCR test is a good example. Tests may observe the person has viral genetic material, but this does not mean there is an active virus making the person sick with symptoms.

Not only can they mask the cases by claiming it is COVID-19—it could be ANY coronavirus strain and be able to be claimed as COVID-19 because there is literally NO difference between COVID-19 and other corona strains, and naturally the test will not see the difference because there is not a big enough difference to note.

There is always some level of viral and bacterial activity in small amounts working in the body. It is only when large amounts of viral and bacterial activity are called upon does the body experience symptoms. All bacteria and viruses are good if they are occurring in the body naturally.

Both are used by the body to restore itself. The body cannot rationally deal with large amounts of toxins in the blood and viruses breaking down those substances. If the body does not have the right amounts of fats and alkalizing minerals such as calcium to bind with toxins, or if the liver is compromised, etc.

All of these can lead to death because the immune system cannot deal with the overload. A virus is not alive. It has no respiration, no nucleus, and no digestion. It cannot replicate on its own because it's not alive to do so. That's like saying a rock can replicate itself into two rocks, etc.

Therefore, viruses can never occur in nature magically by themselves. They must have a living cell to replicate. Viruses come from cells. This one point alone invalidates the entire idea behind viruses being contagious. If viruses must have a host cell to replicate, they cannot do so outside the body on their own.

Therefore, for them to originally appear in nature, they would have had to have come from a cell. If they come from a cell, it invalidates the theory that they infect. The medical industry treats symptoms—they do not know how to prevent or cure disease. They merely treat the underlying condition.

That condition will almost always result in the re-emergence of the disease in the same area or in an adjacent area in close proximity. It is possible to maintain health and great cell metabolism in our current world, but it must be done properly and with raw health-giving foods. But, in order to have perfect metabolism, we must live for 40 years on a raw diet outside the 'civilized' world that is full of air and environmental pollution.

Why 40 years? Because it takes 40 years for our bodies to replace every cell and tissue within the body. We completely regenerate our bodies every 40 years. The reason that bacteria proliferate in the winter is because bacteria flourish in cold environments in the body. This is why fever (heat) is necessary to cease all bacterial proliferation in the healing phase after they have finished discarding waste matter.

Flues occur seasonally due, in part, to seasonal changes that bring about temperature changes and humidity changes.

This affects the body on a cellular level, signaling the dumping of mass stored toxins into the blood for removal. Allergy season also plays a role, as antigens, such as pollen that many bodies have trouble dealing with, is also occurring at the same time. Small colds develop to assist this as well.

Example: You go outside in the rain and get cold. You come into the house and let a fan blow on your cold body. Soon after, you develop a sneeze and/or cough. Did you catch this newly developed cold from someone? Absolutely not. Your body dropped in temperature which allowed bacteria to proliferate and eat degenerated tissue, cellular waste, and toxins. This rarely happens in a healthy individual.

Vitamin D can only be obtained from foods—the best sources are raw milk, and from sun exposure. The Sun does not cause skin cancer. The Sun contains all necessary rays to balance out harmful rays. When we observe African tribes and other such tribes, we see that they do not have skin cancer. This, again, is another medical lie to sell you a product and make money.

Skin cancer is a result of not having enough of a high-quality fat layer in the skin. Vitamin D levels must be kept relatively high, but Vitamin D is easy to keep high when we consume raw foods. All forms of supplemental Vitamin D are detrimental to health. Vitamin D must be bound with other minerals to work effectively.

Calcium and magnesium are two of these. The only proper source is through raw foods, such as raw milk. Fat is necessary to absorb and house toxins so that it does not damage our bodily organs and glands. Sources for proper fats are animal fat, raw milk, and butter. Viruses contain moisture content. Viruses can 'exist' on surfaces but it is not a danger. The moisture content of a virus means it will 'exist' on surfaces before it withers away.

The cells will manufacture viruses for that area of the body. If it is hepatitis virus, it is in the liver. If it is a respiratory virus, it is in the lungs. If it is polio, it is in the spine. A virus originating outside the body does not contain the necessary RNA or DNA to be compatible with your own RNA and DNA. Each cell in the body contains minute differences in DNA.

In order for a virus to work in your body, it must be created and encoded by your own cell to work. Viruses cannot 'hijack' your cell because viruses, contrary to science, do not contain RNA and DNA on their own. That is given by the cell in your own body when the virus is manufactured by the cell, thus the virus will then contain DNA.

A virus may be manufactured to remove foreign debris, such as foreign viral particles from vaccination. Viruses may be manufactured if debris gets into the blood, but it will depend upon the toxic nature of the tissue and if it is natural or man-made spliced tissues that will determine if viruses are needed to eliminate that debris.

It is vaccines in their whole form, which include adjuvants, that open the body up to a greater degree of potential damage from such man-made tissues. In these cases, the toxic adjuvants and chemical stabilizers may spark the body to manufacture its own viruses to break down the toxic substances because they are too toxic for living microbes to eliminate without being poisoned to death.

Vaccines almost always spark some level of virus creation because vaccines contain certain amounts of viral animal tissues that, when combined with adjuvants, are designed to elicit a certain response from the immune system. It is possible that bacteria can interfere somehow with the bodily system, such as when we ingest too much bacteria from raw foods at once.

But this is because such large amounts of bacteria cause heavy detoxifications to occur all at once as they proliferate in the body. If bacteria are mutations, however, such as from cooked foods that rot, this will cause toxic conditions because they can interfere with digestion and delicate microbial environments in the body.

Most food poisoning is from cooked foods, but in particular, it is caused from chemical preservatives in processed foods. Bacteria that grow on cooked foods are mutated. The same interference can be said for 'live' vaccines. Bacteria, like viruses, are not contagious for a different reason. Bacteria, like flies, are scavengers that do not consume healthy living cells and tissue.

They only occur when there is dead matter, just as a fly will appear on a dead carcass. Just because bacteria are alive, does not mean they are contagious. The idea of 'contagious' must be removed from one's mind when discussing the human body as we are self-contained bio-chemical beings.

We are 99% bacterial and with 1% human gene. Remember: Bacteria consume; Viruses dissolve. 500,000 die a year globally from the flu, supposedly, with over 61 million cases worldwide. Coronaviruses are not new viruses. They have taken an already existing virus and relabeled it as a new and dangerous virus.

They've given fraudulent tests out all over the world that, in actuality, tests for coronavirus and not COVID-19, specifically. Since coronaviruses are common cold viruses, there will be many cases. The differences between regular coronavirus and COVID-19 is so small that the test does not know the difference because the two viruses are virtually identical.

Yes, they are a 'different' strain, but they are only minutely different—not enough to matter. The genome directs each cell what type of protein to manufacture—this includes viral protein structures (virus). Therefore, even small amounts of 2 viral genetic material can be found in times of non-cleansing if tissue is magnified as the PCR test does.

Viral protein particles must be converted by cells into whole viral structures, and then 'encoded' to specifically dissolve specific tissues in and around cells. They are very specific solvents that are discriminatory—not non-discriminatory, as science would have you believe. This is why we do not observe viruses attacking all cells in the body.

Mononucleosis is a detoxification of the mouth and lymph in the neck. 12 Even in times of non-cleansing there are small amounts of viral activity. Small amounts of virus help bacterial and cellular consumption. We must understand the immune-system makes up the whole body. The creation of viruses by cells is part of the immune response.

See book: *The Third Element of Blood* by Antoine Béchamp, p. 209-211 "These microorganisms (germs) feed upon the poisonous material which they find in the sick organism and prepare it for excretion. These tiny organisms are derived from still tinier organisms called microzyma. These microzyma are present in the tissues and blood of all living organisms where they remain normally quiescent and harmless. When the welfare of the human body is threatened by the presence of potentially harmful material, a transmutation takes place. The microzyma changes into a bacterium or virus which immediately goes to work to rid the body of this harmful material. When the bacteria or viruses have completed their task of consuming the harmful material they automatically revert to the microzyma stage."

—Bechamp Sourced: *Vaccination The "Hidden" Facts* by Ian Sinclair p. 62 "Most people are overloaded with these infusions of blockade materials that cannot be utilized by the body. When some extra strain is put upon the vital forces such as sudden change in the weather, fatigue, fear, worry, wrong food etc., the body is unable to hold back the "bursting tide of accumulated waste" any longer and lets go—forcing it out in a cleansing program that usually lasts from 5 days to two weeks. Colds, eruptions, fevers, diarrhea and even paralysis are symptoms of this cleansing effort to rid the body of waste that has not been eliminated through the usual channels. People do not catch diseases from others who have it. All those who are ill built their own causes and the same stresses triggered off the "cleansing act" in all who had reached the saturation point of poisons."

—*The Poisoned Needle*, 1956, by Eleanor McBean M.D., N.D., 1956 The in-depth science to understanding how viruses exist in the body was not expounded upon in great detail by Bechamp, but laid the groundwork. That duty was later taken up by other individuals after Bechamp. The microzyma are known as enzymes. Viruses are enzymatic fractionators made of protein that dissolve specific tissue.

The only time they (viruses) would dissolve healthy tissue is if you have a severely toxic tissue such as in polio, where toxic metals are embedded in the tissue. Only then will viruses dissolve healthy tissue to get to the metal and try to remove it. Metal is incredibly hard to remove from the body. Zeta Potential is what keeps objects in free suspension in the body on a cellular level.

It is the nature of static electricity that repels or attracts objects away from themselves, so they stay separated. Without high Zeta Potential, cells and other agents cannot move through small blood vessels and capillaries in a single file line. I mentioned that to explain how viruses move inside the body. They float in suspension.

Think of dust floating in space. You see all the dust is floating separately as particles. When Zeta Potential, the static charge, falls too low, the dust falls to the floor and sticks to one another. DNA is an energy form that flows throughout all agents in the body. Our genes and genome contain crystalline 3 structures known as DNA/RNA, which reads and gives energy in order to communicate functions throughout the body.

"DNA Is Dynamic And Has High Energy; Not Stiff Or Static As First Envisioned. ... It is dynamic with high energy. It exists— sciencedaily Autism directly relates to the loss of Zeta Potential, if I may briefly elucidate the major cause of

autism: Most children in the modern age are being injected with 50-70+ vaccines by the time they are 18. This equals a large amount of toxin accumulation being stored in the body starting from an early age, which results in disease at a later point in life.

This is why vaccine damage is less directly and readily observable—because it is somewhat untraceable, and they are not looking 10-20 years out from the point of vaccination when these problems can manifest, nor are they observing the right areas. Aside from this, it is not the ingredients solely themselves that are the issue. It is the vaccine in whole.

There is no such thing as a safe vaccine, even if the vaccine contained just an 'inactivated' virus tissue. When you inject someone with foreign debris, the body can and many times will go into shock and die. If this foreign animal tissue is injected into the body, the body cannot find the reason or cause for its existence, or when that virus will be active.

The body is alerted through the immune response, which sends white blood cells (antibodies) to the area. But unlike a natural virus originating in the bodily system, this process artificially elevates the immune system, causing mutated antibodies that try to help fight off and cleanse that debris from the blood and system as quickly as possible.

Viruses can also occur in this situation. The aluminum adjuvant irritates and provokes the immune system further into the processes stated above. Because of the creation of 5 these mutated antibodies that do not go dormant for up to 10 years, the immune response is elevated for a long period of time, causing damage to the brain and eroding the myelination around the brain, opening the brain up to more nerve damage with subsequent vaccinations.

As a result of metallic toxicity from aluminum, clotting, and stickiness of blood cells occurs due to loss of Zeta Potential. This occurs because the processes of phagocytosis distribute metallic minerals throughout the nervous system, such as the brain because the body uses metallic minerals to conduct light and electricity.

These heavy metals cause sedimentation in these areas, preventing smooth movement of cells and neurons, ultimately restricting proper blood flow. This causes sludging and coagulation, which prevents cells from flowing through the tiny hair-like capillaries and blood vessels in the brain, which causes various levels of paralysis from lack of adequate blood flow; stroke in the brain—autism.

Because of this, great nerve and cellular destruction occur in these areas. Hardening and scarring result. Further deterioration of the spine and brain occurs as bacteria and/or viruses appear from infection and the resultant inflammation in order to dissolve accumulated toxicity in and around the tissue of the body.

But because this process involves inorganic substances, they cannot readily cleanse the body as they normally could, essentially eating and destroying healthy tissue in the process of attempting the removal of these substances. This makes it appear as though the body is attacking its own tissue, but this is partly an illusion.

This function is also present in diseases such as polio, cerebral palsy, and Alzheimer's Disease etc. All of these neurological diseases share almost the same functions; various levels of paralysis of the brain and nervous system. This process can happen quickly in a child's body because they do not have proper myelination to protect their brains or nerve tissue.

This incurs what I call RVIT: Rapid Vaccine Induced Toxicity, leading to the various levels of paralysis stated above. The level of damage can occur over one vaccine, or after multiple vaccines. It is entirely body dependent. Bacteriophages (virus) are called 'bacteria-eaters'. But that is not an accurate statement because viruses are not alive and cannot eat.

They have no nucleus, they have no respiratory system, and they have no digestive system. Anything else and it cannot be called a virus. When viruses and bacteria are observed in petri-dish environments, is it the virus that kills the bacteria, or is it the toxic serums?

This directly relates to what I spoke about regarding how viruses are observed. These are just another type of virus that can dissolve waste debris. As I stated, there are over 320,000 virus variants/mutations inherent to the human body. Now, amoebas are pleomorphic, just as bacteria are.

Amoebas are part of the processes of phagocytosis and are a type of cell that consumes and eliminates, just as a phagocyte does. Both processes help regulate bacteria in the body, balancing out the many bacteria and dead bacteria in the body, etc. Viruses cannot infect amoeba cells, but they may dissolve them if they become thoroughly and fully toxic.

Viruses will dissolve specific structures whether they're bacterial or cellular. That is quite a misnomer to state they infect cells. So now, science has claimed, without proof, that viruses can not only infect cells, but they can infect bacteria. Vaccines are causing the outbreak of Ebola symptoms in people. It is merely the body reacting to chemical toxicity present in certain vaccines administered in Africa.

Even the CDC admits in part: "Ebola does not pass through the air, through the food, or water." Yet, many media outlets contradict this statement even, by claiming Ebola is 'highly contagious'. I have seen no proof that it exists naturally outside the vaccine. So, even according to the CDC themselves, the only real way to get it is direct blood-to-blood contact using needles from a victim somehow (or through blood transfusions).

Ebola, like H1N1, is a man-made disease that exists only in vaccine form. It is merely a reaction to chemical toxicity, no different from other vaccines—yet Ebola appears to have more extreme effects. Ebola is not a natural virus. Unlike other natural viruses like flu and cold viruses, Ebola exists only as a man-made virus created in a lab.

Yes, I absolutely believe Ebola is caused by a vaccine and Ebola results from specific combinations of spliced animal tissues and other toxic serums. It is used on Africans like AIDS was. Ebola was 'found' in 1978 in Africa, just like AIDS. Funny that these viruses never occurred naturally before the 70s. To understand Ebola, you must understand AIDS—that will reveal the true nature of Ebola.

REFERENCES / RELATED RESOURCES:

- [The Poisoned Needle](#) Book by Eleanor McBean
- [Third Element of Blood](#) Book by Antoine Bechamp
- [Jeff G's YouTube Video \(printable transcript\) \(download .docx transcript\)](#)
- [Mp3Truth.com's Mp3](#) from Jeff G's Video
- [Flaws in Coronavirus Pandemic Theory](#) Pdf by David Crowe
- [Interview with Jeff Mp3](#) by Alana Fournet ([text](#))
- [the Viral Misconception Mp3 72min pts 1-3](#) by Alana Fournet
- [intentionalhealthforwomen.com](#) Alana Fournet's website
- [The Viral Misconception part4 21min mp3](#) by Alana Fournet and Jeff_G
- [Extinguishing the fires of Hell - Ending Auto Immune Disease](#) by Grant Genereux
- [Poising for Profit - Why so many of us are sick and dying young](#) by Grant Genereux

What are Their Intentions? Written by Jeff G. Alternative Nutrition/Researcher

Henry Kissinger in 1974 wrote in his report 'National Security Study Memorandum 200 – Implications of Worldwide Population Growth for U.S. Security and Overseas Interests' that reducing the world's population was paramount to those in power. But when it comes to how they approach this, it becomes quite nefarious. We soon realize that their ideas are not benevolent. Vaccinations are right in line with this agenda. Their approach is to reduce population gradually through tampering and degrading of the food supply, air, and water, and herding people into the medical institutions, ultimately creating a weakened race.

This is why raw foods are attacked and blamed for disease, because those in power know that they prevent disease and strengthen the population. A strong people can overthrow a corrupt government. This is why throughout history, slaves have been fed rice and the kings dined on meat and fruits of all types.

If we look at their own documentation, we learn a great deal. For instance, in the 'Event 201' pandemic exercise hosted by

John Hopkins University, and the Bill & Melinda Gates Foundation on Friday, October 18, 2019, we see a very similar plan to conduct exactly what is taking place now. <https://www.centerforhealthsecurity.org/event201/scenario.html>

All there needs to be is the illusion of a pandemic—that people are dying all around you. The media then confirms this and plants the seed and watches it take root and blossom. There need not be actual coronavirus cases even. They may label them as coronavirus cases, when in actuality, they have designed a fraudulent test that looks for fragments of genetic material shared between most viruses. So then, the case may be flu, or some other virus. This allows statistical manipulation.

Also, if we read the Rockefeller Foundation's 'Scenarios for the Future of Technology and International Development' <https://www.nommeraadio.ee/meedia/pdf/RRS/RockefellerFoundation.pdf>, we can see that these scenarios have been prepared long in advance in order for them to capitalize on their agenda, which is a one world totalitarian government. This is spelled out on page 18 of the report—

“At first, the notion of a more controlled world gained wide acceptance and approval. Citizens willingly gave up some of their sovereignty—and their privacy—to more paternalistic states in exchange for greater safety and stability. Citizens were more tolerant, and even eager, for top-down direction and oversight, and national leaders had more latitude to impose order in the ways they saw fit. In developed countries, this heightened oversight took many forms: biometric IDs for all citizens, for example, and tighter regulation of key industries whose stability was deemed vital to national interests. In many developed countries, enforced cooperation with a suite of new regulations and agreements slowly but steadily restored both order and, importantly, economic growth.”

An Example of Toxic Reactions Written by Jeff G. Alternative Nutrition/Researcher

To illustrate how the body functions with regards to toxicity, I will focus on 'Metal Fume Fever', and other detrimental effects from inhalation of toxins. Metal Fume Fever is caused by exposure to fumes given off by heating metal, metal dust, and the subsequent inhalation of zinc oxides and other chemicals and byproducts of metals that arise during this process. This includes fumes from welding, cutting, or brazing of galvanized metal. Metal Fume Fever induces influenza type symptoms; fever, chills, aches and pains, nausea and dizziness.

As a young teenager, I remember working on electronic equipment wherein I used a soldering iron and flux. I did not have the sense to hold my breath, wear a mask, or any other precaution, nor did anyone advise me to do so. It seems to be considered a sign of weakness to wear a mask to protect against toxic substances, and this is the case when it comes to soldering. So, not knowing any better, I inhaled fumes from the flux which contains zinc. This made me sick with panic attacks and fever each time I worked with the solder. I could not understand why I was feeling sick at the time. Being prone to panic attacks due to my bodily and mental health, I did not understand the causes at first. I finally learned why this was happening by studying the ingredients and their effects.

Why would something toxic make the body react similarly to a flu virus? The answer is less complex than one would think. The answer is that the body deals with all toxins in a like manner, with the same type of symptoms. When toxic fumes are inhaled the body is irritated on a cellular level. Toxic substances irritate cells by being inhaled through the sinus cavity, and the respiratory system wherein these toxins make their way to the lungs. Here, cells are damaged by their caustic nature. The body begins to experience symptoms very quickly as it shocks the body into survival mode. Cells try to recover by initiating the immune response. The immune response is very quick to act within the human body and will initiate symptoms of toxic exposure quickly. The greater the toxin exposure, the greater the symptoms, all the way to death of the body.

All smells initiate the olfactory lobe which conducts smell to the brain. This lobe is a structure located in the forebrain that translates odors detected by smell receptor cells in the nasal cavity. These cells extend directly into the olfactory lobe, where information about odors is processed. This lobe can be irritated by smells that it cannot identify and are not natural. Chemical substances irritate the olfactory lobe in a way that damages cells in this area. Phantom Smells, another disorder that modern science has claimed is the sign of a brain tumor, is actually the sign of an olfactory lobe detoxifying from odors that are stored in the cellular makeup and tissue of the lobe.

I have experienced phantom smells that were initiated from smelling a piece of clothing that was heavily sprayed with Febreze. The smell lasted in my nose for over two weeks. I could not trace the source of the smell. I could be sitting in a room and the smell would arise in my nose, yet, there was no smell around me nor could anyone else smell what I smelled. It was in my head. Whatever artificial perfume was in Febreze had affected my olfactory lobe. I tried rinsing with nasal washes. I also tried breathing exercises, and induced sneezing. I was eventually able to deduce where the smell was actually coming from; the olfactory lobe.

I observed this over a period of more than two years, as I observed how my body reacts to artificial smells I would come across—whether at the store or from someone’s perfume. I surmised that since I have lived toxin-free, without perfume or deodorizers, that my body had detoxified and my nose and olfactory lobe were very clean compared to almost everyone around me. Since I had lived this way for over 10 years, my system could not deal with these artificial and chemical substances. Since my nose was not desensitized, it becomes obvious very quickly what was toxic and what was not. This same behavior of the nose appears in many individuals, such as smokers, or heavy perfume wearers. Such substances turn off and desensitize nose receptors, which also serve as a protection mechanism to protect the body from toxic substances in nature that will harm man. When someone subjects their body to this on a daily basis, the nose receptors switch off and the body is now open to damage from these substances. If the person cannot smell the substance, and that substance is toxic in nature, they are doing damage to their body over time and do not realize it until it’s too late.

If a body that is clean is subjected to toxins, the body reacts quickly. If the body has a built-up tolerance to toxicity, such as smoking, the body illusory deals with it more easily because it has adapted itself to this new toxic lifestyle. The body adapts, but only partially. It does not suggest that the smoker will live disease-free because his or her body has adapted to their smoking habits. It is the opposite. It means that person will die from disease that manifests from such habits at a later stage in life.

How does this relate to our current situation concerning coronavirus? If we look at how the body reacts to toxic substances, we glean information as to how it detoxifies. If Metal Fume Fever can generate symptoms normally associated with flu virus, then this indicates that the body has similar methods of removing toxins from the body. Science does not readily admit this. They observe viruses not as detoxifiers of toxins, but as agents that attack indiscriminately without cause. Flu viruses are cellular expressions that occurs mainly within the respiratory system. Just as likened symptoms occur with Metal Fume Fever, so too do they occur with viruses. Viruses are immune system reactions, carried out by cell survival mechanisms. Without viruses, the body cannot cleanse tissue when that tissue is too toxic for living microbes to feed upon and eliminate.

When cells are poisoned, the body reacts in different ways depending upon the poison involved. But all ways are very similar in nature, and viruses are merely one part of this equation. They are a last resort when the body has accumulated toxins that normal routes cannot eliminate.

STDs' — What Are They & What Is Their Role? Written by Jeff G. Alternative Nutrition/Researcher

I am asked continuously about ‘sexually transmitted diseases’, and some people use the idea of STDs to attempt to invalidate my writings by claiming that STDs are proof that viruses are contagious. Therefore, I will be devoting this article entirely to the topic of ‘STDs’, what they are, why they are not at all what science claims, and why they are not contagious.

First, it must be stated that STDs are another made-up lie to scare people into being against natural activities, then blaming the disease on nature; such as a monkey, or bat, or anything else they can come up with at the time to cast blame upon. Firstly, it is not possible for human beings to manufacture and replicate bird or bat flu, or any other animal flu, because we do not have the same DNA or RNA and cannot replicate animal cells and tissue—we are human.

Secondly, as an example, over 2/3rds (around 80-90%) of the population have one of the herpes simplex viruses of some form. It has been shown that genital herpes appears in those that have not engaged in any sexual activity ever in their life. Herpes is a detoxification dealing with toxicity, mostly metallic toxicity from vaccines or other sources that collect in the lymph system and nerves that is expelled through the skin and/or mouth. 90% of toxins are designed to leave the skin.

Such viruses are not in hibernation in the body as science claims—they are created/mutated by the genome when the body needs that particular viral strain to cleanse. The body can manufacture viral blueprints in the genome, which determines what type of proteins the cell will manufacture. They are instructions/blueprints. These particular viruses (herpes) are detoxifiers that expel toxins via the skin, tongue, and mouth. 90% of toxins are meant to leave the body through the skin; the skin being the largest organ of the body, and the largest expeller of toxins via sweat, perspiration, and skin eruptions (rashes).

HIV: HIV is one step removed from AIDS, but use different viruses. It is a result of a severely immunocompromised individual due to drug usage, alcohol abuse, tar, resins, and chemicals accumulated from smoking, and chemicals in processed foods. HIV usually never progresses to full-blown AIDS unless medical treatment like ‘AZT’ (Chemo) or other harmful medical treatments are given. AIDS can also be sparked by vaccine, and is a manmade virus strain that has been spliced and manufactured. It is the lymphoma virus of a sheep, and the leukemic virus of a bovine spliced together. It was injected into homosexuals as an experimental hepatitis B vaccine in 1978 in New York, Houston, Los Angeles, and San Francisco. Because those participants had HIV, they progressed into full-blown AIDS after the vaccine. Those that did not get the vaccine did not

develop AIDS.

AIDS cannot be sexually transmitted—no virus can. Even if you bleed and you make blood-to-blood contact, you bleed outwardly—you do not bleed inwardly. Furthermore, white blood cells will neutralize small amounts of such viral proteins instantly and will not enter the body. Injection via vaccine or from the blood of an infected individual is necessary, and the result will depend upon the health of the body. Either way, it will make a person sick because you have foreign protein in the blood. If it is via vaccine, the result will be worse because of the associated adjuvants that artificially heighten and sustain the immune response, thereby causing more damage.

People who have high adrenaline store excess adrenaline in nerves, and are prone to herpes as well. This causes nerves and surrounding tissue to become toxic from these accumulated adrenaline stores, and will eventually detoxify, discarding via the skin. Remember that we also have lymph nodes in the reproductive system that store industrial toxins. 90% of toxins are supposed to leave the skin—our largest organ of the body. This means there is a multitude of different detoxifications that expel through the skin. Two of those is measles and chickenpox. Another is herpes. Shingles (a form of herpes) is another. Smallpox is another. The body uses different viruses to accomplish its goal of cleansing and strengthening the system. There are 320,000 viral strains inherent to the human body, all of which are designed to deal with each and every tissue and organ within the body and can be called upon if and when needed by cells in order to cleanse themselves and their surroundings.

Also worth considering: The body can observe another body and learn how to detoxify his/her own body. For instance, if I see how someone else's body is detoxifying through a skin rash, my own body may learn the processes by observing another's body in action. This occurs by observing someone with our 5 senses, specifically our eyes, which transmits energy throughout the nervous system that can inform cellular behavior. However, this will ONLY occur if detoxification is needed by the body. The microbial functions in the body are intelligent and alive and can be informed via the 5 senses of the body. But it is not entirely down to sense—It is reliant upon if there is a toxic accumulation in the body, and only then will such processes be signaled and more likely to occur. This is merely one way detoxifications can occur. Of course, if a toxic accumulation is too strong, it will be forced to expel eventually anyway. However, observation of another's body is helpful in teaching our own body how it can detoxify.

Sex generates hormones that tend to detoxify the reproductive organs, skin, and lymph in them. All three are interconnected. Heat plays a role as well which causes cellular division, and thus, the likelihood that such detoxifications will be quickened. Toxins store in these areas due to many causes, such as vaccines, an abundance of eating metal-containing processed foods, etc. These tend to affect the nervous system, in particular, the reproductive organs. It is possible that two people may detoxify in the same way after such activity, by developing lesions/bumps, because most people have a predisposition toward expelling toxins. Sex is then likely to be the impetus for these to occur, which eventually would have occurred anyway, given enough time.

Note: Many toxins are expelled from the vagina, through the mucosal membranes. The same is not true for men, therefore, women are considered to live 20% longer than men.

Perhaps sex was the catalyst for those toxins to begin expelling. There is a high degree of illusion that must be taken into account here, therefore, there is much room for manipulation or misobservation and coincidence. Science believes that such diseases are contagious, but it has been noted by prostitution records dating long ago, that such women never developed any 'sexually transmitted diseases'. The entirety of their argument is nonsense when closely scrutinized. It is merely another attempt to dissuade people from natural activities and instill fear, separating man from nature, himself, and his neighbor. Some parts of that play into population controls. The implications behind this are wide and determinantal to the nature of mankind.

Let us also remember the actions of white blood cells, and that if viruses somehow passed through defense mechanisms of the body, it would take merely 3 white blood cells to neutralize a viral particle. Semen that may contain a viral particle is also neutralized in this way. Aside from this, as I have explained in my videos and writings, viruses operate on a lock-and-key system (RNA/DNA). This means the virus is very specific to the body it arises in and is not remotely compatible with another's body, since each person contains different RNA and DNA within cells. So, viruses must manifest inside your own body for them to be utilized, otherwise, they are treated as nothing but foreign debris that must be flushed from the body.

Let us also not forget that we bleed outwardly, so sex that would somehow cause bleeding would never infect a person, including anally. A forceful injection is necessary to get such material into the body and blood (vaccination/blood transfusion), and then, the same applies to what I said above about the lock-and-key system (level of reactions are in accordance with what type of toxin is involved). If we consider the hypothesis that fecal matter somehow makes its way into the penis, and causes such disease, we must also consider that urine cleanses the urethra.

Again, there is no way possible that these viruses are caused and transmitted through sex. If they were, AIDS would have

existed 1,000 years ago, along with every other viral illness/disease you can imagine, and we as human beings (or animals) would not be here now. The fact that these diseases have cropped up so recently should make everyone sit back and think very strongly and deeply about what is transpiring before us.

The Making of an Imaginary Pandemic & How it Evolves

Written by Jeff Green

Alternative Nutrition/Researcher

(originally posted on Reddit—March 7, 2020)

- There need not be a real threat—only the illusion of a threat.
- Media campaigns working on behalf of powerful vested interests that oversee governments long ago put in place contingency plans to use when called for. The use of these plans is determined by what those in power deem an ‘existential threat’ to their order, or the desire to progress the order.
- Governments, which are largely directed by the world governing bodies—the UN, and the WHO, both of which are merely different branches of one and the same, oversee the responses by government employees, training and propounding to members what to believe and how to carry out operations. This is carried out on a state by state and local level, as well as on the federal level. Each group is compartmentalized. This encompasses doctors, nurses, media, authors, and all manner of government employees that have been positioned into government for their inability and unwillingness to question the status quo because of their indoctrination. Many are ignorant to the nefarious nature of the agencies with which they work—but a small handful is very much aware.
- The illusion of a pandemic can be manufactured through fear and propaganda only. No new viral threat is necessary to maintain the illusion. Currently existing viral illnesses can be used and masked in current statistics. What this means is that falsified coronavirus deaths and nondeaths can be masked by regular flu cases, because the symptoms are more or less the same, and 500,000 people die yearly from flu globally (supposedly), thus allowing for a lot of room for statistic manipulation.
- The seed of fear is planted in the populace at an early stage, over time, it is built upon, progressed and exploited.
- Over the course of a few months, the planted seed is played upon and keywords are repeated thousands of times, preparing and priming the audience for the eventual future outcome. Coronavirus, death, coronavirus, infection, coronavirus, China, many dead, fear, extremely contagious, fearful—are all keywords repeated thousands of times. This need not have any factor of truth. Again, only the illusion of imminent threat is necessary. The audience cannot see the deaths, nor are they firsthand witness to them, but in their mind, it *is* real. Media they trust, who have propounded to them for years what to believe, are the authority figures of truth, and in their minds would never lie to them or deceive them. However, those in media can be just as misled as the average citizen, which confounds this problem further; being a victim of their own system of deception and disseminating disinformation for these corrupt elements within government.
- As this unfolds, articles from mainstream news sources watched by millions of the population begin to increase their coverage with the keywords I mentioned above. This engages the already primed and

ready audience to readily partake in their own exploitation, against their own free will, and against their own understanding; mostly through the subconscious mind. This influence can deceive and influence even the most awake and strongest of minds.

- As this is occurring, an even greater media campaign is being waged and carried out on the internet all across social media. Fake accounts pretending to be more than one person are utilized in order to propagate fear and hysteria. Propagandists are hired to disseminate large amounts of disinformation and fear across all forms of media, comment sections, and blogs.
- So-called doctors who are indoctrinated, vested and biased 'studies', all devoted to maintaining the fear and propaganda of this illusion, spring forth in an attempt to finalize the media propaganda campaign and cement the fact in the minds of the people that this is indeed an existential threat. Many various reasons for these events abound in the mind from the indoctrination resulting from propaganda, which confuses the people further to the point where the truth is muddled and elusive at best. Each narrative is silently weaved into the consciousness of the whole of the people until the majority believe what they have been silently guided to believe—yet, they believe they organically arrive there themselves.
- Mass hysteria results because the majority are confused and bewildered. The propaganda at this stage has taken great hold.
- In the face of this impending 'pandemic', the majority call for swift government action.
- Government action, being slow to occur, causes even greater outcry from the public, until the fever pitch mounts to requests of total control in all forms to contain the threat. In this way, government inaction works to their favor as the fires of fear burn in the population's consciousness, thus allowing government reaction to be extreme and justified.
- Those government actions are always controlled measures that limit individual freedom and liberty for the people's own security and 'well being', and this takes place against the people's knowledge, for they are too emotionally invested and misdirected by the forces bringing about such hysteria. Like magicians, those in media work their magik of misdirection as the whole of the forces behind the veil of secrecy work to dismantle constitutional law and order.
- Those that are awake enough to begin seeing the deception try to calm the fire. Such calls for rationality are shunned, discouraged, and ridiculed. Many are viciously attacked and threatened.
- As this is taking place, further measures are taken by mass media to ridicule those that question the official narrative. They intentionally magnify those that question the official story, mildly putting themselves at risk of being exposed, in an attempt to devalue their concerns and ridicule them, using reverse psychology, which turns the majority away from investigation. Thousands of articles from all sources of media abound—each one lying either willingly or unwillingly against the people's own knowledge. As stated, many in the system are a victim of the system without their knowledge, propagating whatever they are told.
- Almost all of those in alternative media begin to hawk their own doomsday ware and useless health supplements as a way to combat the impending 'pandemic', thereby confirming the 'fact' that this is something everyone should fear—those that are seemingly 'awake', fall prey. Alternative media, supposedly the last bastion of reliable information, was mostly overtaken long ago around 2001. Instead of alternative media calming the flame, they fan the flames further. Many alternative media figures' prime motive is money and entertainment.

- Calls to action are soon called for by elected representatives, being reserved and calm beforehand, they now call for action by government. Such politicians are bought and paid for, and their principles are always in flux and their gauge for truth is low.
- Government is then authorized by the consent of the governed, and the elected representatives, to institute unconstitutional laws for the safety and security of public health.
- Organizations such as the CDC and WHO ramp up and gradually introduce vaccine measures to 'combat' this increasing 'pandemic' threat. The president takes part. In his unknowing exploitation of naivety and ignorance toward health, he is easily persuaded and misguided by nefarious forces around him, thereby leading us further into a corrupt new order.
- Since almost everyone in the population believes vaccines are safe and effective, such vaccines are more readily fast-tracked and on the road to being publicly available, disregarding most safety measures and tests. The multitude will clamor and beg for this vaccine as a 'cure'.
- Great numbers of nefarious individuals continue partaking in subterfuge all across the internet, and a continued campaign to persuade people to be worried and fearful is carried out and further progressed. This fear will drive many more to become vaccinated.
- As all of this is occurring, infection rates decrease naturally in the first place of the outbreak, but it will be reported that both death and non-death rates are rising globally, but this will be a lie. So long as the illusion of spread and increasing illness occurs with the possibility of death, so too will the fear surrounding it. This must be maintained throughout the entirety of the event, for the illusion of fear is the key to control.
- Once the prophylactic 'cure' is completed, the possibility of it being forcibly mandated is high. Many citizens will rise up and attempt to bring justice to those enforcing these corrupt laws, resulting in a type of civil war. Media will label these individuals as 'radical militia' groups, painting them as lawless criminals. The people, being largely asleep, will attack these groups as a threat, thereby aligning themselves with the enemy and ignorantly securing their eventual slavery of themselves and their children and future grandchildren.
- The vaccine will cause many illnesses and deaths, thereby perpetuating the myth that a deadly virus is 'spreading' like wildfire, when in fact, many deaths will stem from the vaccine(s). At this stage, most of man cannot break free from his or her indoctrination, nor can they find the truth. The tentacles of deception are simply too far-reaching.
- Once the vaccine has been thoroughly exhausted after a number of years, the gradual decline of illness and death due to the vaccine will result, yet the vaccine will take credit for the disappearance of the death, and it will be made fact in the history books. See: polio and the Salk vaccine.
- Mainstream internet search engines and media are filtered to provide only the results they want the public to see, in an attempt to guide and direct the population away from collective free thought. Alternative views are shut down systematically over the internet and/or drowned out entirely by the forces mentioned earlier. They need not prevent free speech if they can make it unseen to begin with. This removes the need to directly limit the 1st Article and Amendment of the US Constitution.
- People having been primed by media and society as a whole for many years, will result in hospitals becoming overrun and unable to deal with the vast amounts of cases from people who are afraid and fearful that their cough or sneeze will indicate they may have coronavirus. Many cases will be identified

as coronavirus, since a large portion of colds are, in fact, a type of coronavirus. **Harvard Health states:** “Coronaviruses are an *extremely common* cause of colds and other upper respiratory infections.” Since this is the case, many false statistics can be manufactured; “See! Look! This person has coronavirus!”

- The results of this will be two-fold:
 1. Hospitals will become even more mismanaged than before.
 2. The eventual decay of healthcare will be complete, and to combat this mismanagement, government will begin to heavily subsidize medical facilities resulting in almost full government control. This will result in medical tyranny of all forms.
- As can be observed through the observation of health searches—99% of advice-seeking always results in fearmongering; the implanted false idea that someone should go to their doctor over any and everything. Since this has been the common advice for years, many will not think twice about succumbing to their hypochondria.
- The global stock markets will gradually fall further and further down from hysteria and fear, however, it is merely in their *minds* and stems from the implanted seed of fear and the illusion of threat put in place long before—not a real concern based upon reality. This impacts the global economy greatly, thus, allowing for one facet of world order to easily be attained via the destruction of the current economic order, and the ushering in of the new economic order.
- As so-called infections increase, totalitarian laws are being implemented behind the veil of secrecy across the world with the excuse that they are to stop the ever-increasing rise.

Those ‘laws’ will be as follows:

- When the illusion of the virus has reached its peak, they provide the answer in the form of extreme governmental control. A reduction of human contact results. Borders are locked down into a sort of prison system wherein no one can leave nor come in. Vaccines to ‘cure’ the ‘pandemic’ are forcibly mandated.
- World governments, through the UN, will institute travel restrictions between all countries and regions between countries and borders.
- Body searches and spraying of harmful disinfectants will be routine at every stop and major populated areas. Travel within the US states will be reduced and heavily controlled.
- State to state commerce will be hindered via checkpoints for screening as will the basic right to travel freely.
- Again, human contact will be discouraged and shunned by society and the eventual decay of human relations will fall. All acts of human relation and contact will be discouraged; kissing, touching, handshakes, hugs, and everything in between—will all be discouraged.
- There will be a special police force that checks if individuals are vaccinated and up to date according to vaccine schedules made by vaccine manufacturers. These will be carried out on a monthly basis. When walking into stores, screening will occur going in and out of the store.
- The sale of meats will be reduced and in some countries, eliminated. This will weaken the races further, causing malnourishment and death.
- Mandated use of masks will be law, though this will not be effective and will only serve as the symbol of fear in the minds of the people. Going out in public without masks will be prohibited.
- It is possible that paper money will be eliminated for fear of ‘transmitting’ the virus. (*South Korea’s central bank said it was taking all banknotes out of circulation for two weeks — and burning some — to reduce the spread*

of the virus, according to Reuters.)

- Martial law will be instituted in cities that proclaim to have an infected patient(s). This will be the impetus to strengthen security protocols in that particular state or county—the excuse: an infected patient. Leaving home will be against the law in these circumstances.
- Such unconstitutional laws are a form of silent martial law. The American people will live in this system so long as they are afraid of dying from a pandemic. It is very likely that the 2nd Amendment will be heavily regulated during this time to prevent a possible uprising of the whole—a necessary giant step to progress the order. The illusion can be maintained for as long as Americans allow themselves to be misled and deceived. With the abolishment of the 2nd Amendment, the country will then be over.
- The result of the apathetic and those who do not seek the truth: a **New World Order**. An order based upon *complete and utter* control. Complete totalitarian control of everyone and everything—not an illusion, but the new reality of man.

Why Viruses Happen Annually & How Viruses Dissolve

Written by Jeff Green
Alternative Nutrition/Researcher
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Viewer question: Jeff, why do common colds/flu occur annually? And is it true that the vaccinated person will experience it his entire life, compared to an unvaccinated person?

This happens yearly because the body, on a cyclical basis, is signaled to dump mass stored toxins. This occurs at the cellular level. Climate/seasonal changes bring about humidity and temperature changes which increase bioactive functions of cells, through moisture and/or oxygen absorption. These biochemical signals cause cells to release stored toxins—it is cellular processes being maintained through cell survival mechanisms; a sort of house cleaning. Bacteria also increases during colder months, as they flourish in the blood due to a lowered bodily temperature. When they proliferate, they feed upon debris in the tissue and blood.

When they consume such matter, they excrete it into a utilizable form for white blood cells and other cleansing cells, such as phagocytes, to further eliminate and or recycle for use by the body. The body discards 90% of toxins through the skin. The rest expel via the bowels, mouth, and mucus membranes. Depending upon the toxicity and nature of those substances, parasites or fungus may be utilized to help break them down. But when substances are too toxic for these living microbial agents to consume without dying, a non-living agent must be created by the body as a last resort. These are called viruses; enzymatic-like agents that break apart specific matter. They dissolve waste matter when tissue is too toxic for our living microbes to consume and eliminate.

Viruses are embedded in the core with mRNA and DNA, which is a biochemical lock-and-key

system for communication purposes with white blood cells and tissue. Their outer covering is made of a protein coating; the capsid—which is a moisture coat that can engulf specific tissue through surfactant action. Surfactants are molecules that bond with each other to form sealed bubbles. This process is carried out with the guidance of white blood cell antibodies. This coating acts as a type of magnet, repelling and/or attracting matter to and from. Once the matter is engulfed through the surfactant nature of the outer coating, the virus will gradually dissolve/disassemble that matter like a soap would break down grease from dishes. Antibodies will bring matter to the

virus as well. Both agents work together as a unit. Since viruses are not alive, they must have a guiding agent, thus, antibodies are utilized—viruses cannot fly or walk, and have no survival mechanisms. Antibodies are always used as facilitators of healing, which is a part of the infection process. If this were not so, we would witness every single person dying from mass cell infection 100% of the time; being non-discriminatory, yet, we do not observe this. Once the virus has broken down the matter and neutralized it, the body will expel it via the aforementioned routes.

Colds are mainly bacterial, but sometimes viruses may be used; cold virus. Remember that each virus created by each cell will contain differing RNA and DNA because each cell in the human body contains minutely different DNA. Science has claimed in the past that each cell contains the same DNA—*this is false*, and studies now show that each cell contains different DNA. This is one reason why viruses can never be contagious—the lock-and-key system known as RNA/DNA would not be compatible between hosts.

We may observe the Illusion of Viral Activity, because all living organisms—be they plants, or animals—function with biological clocks alongside nature. When trees blossom, it is because temperature and climatic changes are causing that tree to produce fruit. In the microlevel of the body, the same is true. The body is the microcosm of the outer macrocosm (universe) we observe.

A person may experience viral or bacterial detoxifications regularly if they continually toxify their body. Even in healthy people, we can expect to have mild colds every so often. Bacterial colds are necessary to help us break down toxins we may have picked up from air, food, or water sources. They also serve to strengthen the overall body.

Vaccinated individuals may not experience proper detoxifications because vaccines hinder the body from cleansing and reforming properly. This is because the body shifts all its resources over into trying to lower the radical immune response due to adjuvants, tissues, and chemicals in vaccines, that it has no time to detoxify and strengthen the rest of the body. Such people are more prone to developing viruses to help them break down such toxicity.

What is the Immune System?

Written by Jeff Green
Alternative Nutrition/Researcher

The immune system, contrary to popular scientific explanation, is, in fact, the whole of the body. However, within the body, there are very specific parts that comprise the main parts of the immune system. Starting in the head area, we have thyroid glands in the neck. These are glands that function, in part, by producing thyroid hormone which regulates many bodily functions such as the body's metabolism. When the thyroid gland is overactive, one may be hyperactive and lose weight. If the gland is underactive, weight gain and fatigue will occur, as well as a whole host of other symptoms. When cells in the thyroid become contaminated with industrial toxins of all kinds, thyroid cells become damaged and disease/imbalance occurs in the area causing such imbalances.

One of the most important parts of the immune system is the lymphatic system. The lymphatic system is responsible for dissolving and expelling toxins from the body. The individual parts and mechanisms that make up this system take on many micro-forms within the body. The lymphatic system is the framework responsible for the inner workings of these agents that make up the whole of the immune system.

The neck contains a major portion of the lymphatic system, which is made up of the lymph nodes and glands in the neck. There are three major networks of

lymph clusters. The neck is one, the chest, and groin are the others—with many clusters in between. These regulate all actions of the head and neck area. Toxins dump more readily in these areas in the neck and chest since they are the closest to the head and mouth. In the body, we have approximately 500-600 lymph glands throughout the body. Clusters exist in the neck, underarms, chest, abdomen, and groin, as well as behind the knees and in the legs. Thus, each area of the body is managed independently by lymph nodes in each region. If one were to wound himself on the thigh, the lymph nodes in the groin may swell in order for infection to begin the healing process. If damage to the colon occurs, so too will swelling occur in the lymph nodes of the groin. If the leg is damaged, the lymph nodes with the closest path to the damage will swell. Once infection has completed and the healing processes are initiated and near completion, the lymph nodes will reduce and go back to normal.

These parts are what make up the immune system. It is the whole of the body, and to be more precise, is the lymphatic system which is made up of lymph nodes, and the thyroid glands, and the many inner workings that exist within this system.

Exosomes vs Viruses

Written by Jeff Green
Alternative Nutrition/Researcher

Exosomes are parts of the processes of viral behavior, just as white blood cells (antibodies) are part of the processes, both having dual roles when needed. It can be said that exosomes are indistinguishable from viruses in some cases. Exosomes are the same size as viruses (0.1 microns)—and vary in size, but are mostly of similar size. They are secreted by cells and are extracellular vesicles that transport messages between cells to inform each other when they are in danger. They also transport molecules needed for cellular life between cells. They are intercellular communication agents. Viruses are replicated in the cell—exosomes are not, and are not released in high numbers as viruses are.

Vaccines: I write extensively about this in my book and speak about it in my videos. Vaccines do not prevent disease. They cannot, by nature. I explain that in the presentation. Vaccines introduce proteins that are supposed to initiate the

immune response to manufacture specific antibodies, but this is not how the body functions. Immunity does not come from antibodies. Antibodies are regulating agents. They're merely white blood cells that regulate infection, and thus, the healing process. Viruses are part of the healing phase. Each cell manufactures hundreds to thousands or more viruses. Every 72 hours, a minutely new but similar virus is manufactured, which the body uses to cleanse parts that the first did not. No vaccine could ever spark immunity because the body does not recognize foreign debris as being useful to the body in any way, and so the body attempts to flush that toxicity from the blood.

Viruses work on a lock-and-key system which is given by the cell (RNA/DNA). Each cell has differing RNA/DNA, therefore, it is impossible that a foreign viral protein would initiate any recognition from the body. There is no forced 'immunity'. It is nonsensical, and highly dangerous—even deadly. I explain some of the reasons for that here: <https://youtu.be/XbXuyQuurqk>

When it comes to why viruses like chickenpox and measles are one-time detoxifications, the answer is quite simple. It is because these viruses are childhood detoxifications and are meant to strengthen the developing immune system. Other viruses, like flu and cold, are something one will experience throughout one's entire life. There are 320,000 different viral strains inherent to the body. Each one is intelligently manufactured by cells, and through the transcription and translation process, determine how that virus will function—In particular, what type of tissue the virus has the 'authority' to dissolve. RNA/DNA that makes up the virus are lock-and-key

If the body is highly toxic—that is if there is a large number of toxins floating in the blood, and existing in tissue, the symptoms of viral breakdown will be greater. Toxins broken down by viruses must be excreted by the body. When excretion happens it requires binding nutrients that help neutralize their caustic effects and helps escorts them out of the body. The body cannot eliminate such matter without it first being broken down into minuscule particles. Viruses are able to do this if the toxin is too great for a living microbe to consume without being poisoned to death. Then, the matter is expelled out of the body. A greater degree of symptoms will be experienced if that person is highly toxic because the body is working hard to break down and eliminate those toxins from the body. That means symptoms like coughing, sneezing, heavy mucus & phlegm, fever, all increase in order to expel that matter from the body. That is how the body functions. Without symptoms, the body cannot rid itself of toxicity—toxins must be expelled somehow.

Again, viruses are **not** contagious. And remember that viruses will only occur if there is some sort of severe toxic substance that is inside the body which cannot be broken down by regular living microbial methods, such as phagocytes, bacteria, parasites, or fungi. This is why vaccines cannot work. Hypothetically, they do work to suppress the immune system in such a way that prevents these detoxifications, because the body can only focus on one major insult at once, therefore, detoxifications are put on hold while it deals with vaccine chemicals now in the body. So then, you have a problem on top of a problem.

Hypothetically speaking, if vaccines did work, the body would never properly detoxify toxins, and so then how would the body actually cleanse itself in the face of toxicity? Answer: It could not. That person would die an early death from eventual disease manifestation and toxic overload. Eventually, toxins will reach a level where the body can no longer regulate them rationally, and the body will become weak and die. Viruses are a last resort in this regard, and stopping their processes is inane and stupid, and results in unnecessary death. Trust the body always, for It is more intelligent than the mind.